



Lopez Lake Sprint Registration

Team Name _____

Categories

Category _____

- | |
|---|
| Male, Female, Co-Ed,
Student Male,
Student Female,
Student Co-Ed,
Masters Male,
Masters Female,
Masters Co-Ed |
|---|

Racer 1

First Name _____

Last Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____ Age _____

Email _____

Racer 2

First Name _____

Last Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____ Age _____

Email _____

COST \$155 per team until May 28 th \$180 per team until June 13 th \$195 per team day of (if available)
--

STUDENT COST (must show ID) \$135 per team until May 28 th \$160 per team until June 13 th \$175 per team day of (if available)

Please Make Checks Payable to ALL OUT EVENT

Hello:

Thank you for registering for the Central Coast Adventure Challenge, Sunday June 20th 2010 at Lopez Lake!

We are excited to share some of the most adventurous terrain the Central Coast has to offer with you. Please remember to bring the required gear for the race. A list can be found at www.ccadventure.com/smgear.htm. If you need to purchase gear, please consider Santa Barbara Outfitters, Mountain Air Sports and Foothill Cyclery as your first outfitting destinations.

We will be holding various pre-race clinics including navigation, the essentials of adventure racing (discussing what to expect, what to eat, what to bring, how to move, and teamwork), paddling, and possibly first aid.

Plan on a demanding and fun race employing biking, kayaking, foot travel (covering road, trail, fire road, bushwhacking, boulder scrambling), and basic navigation.

After your adventure, stay and celebrate at our festival area providing food, music and sponsor booths.

You will receive an email with detailed information and race specifics one week before the race.

ALL OUT EVENTS

591 Highland Dr Unit C
San Luis Obispo, CA 93405
Phone: 805.541.0401
info@ccadventure.com